



MOUNT

ST MARY'S | BARLBOROUGH HALL

PSHEE and RSE Policy

ISI Regulatory Code – 2 f

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This Policy is for: Mount St Mary's College

Linked Policies: Behaviour Policy, Safeguarding Policy

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Introduction

"Go forth and set the world on fire." (St Ignatius of Loyola)

"A little holiness and great health of body does more in the care of souls than great holiness and little health." (St Ignatius of Loyola)

Overview

The PSHEE programme is a key element of the holistic curriculum that we offer at Mount St Mary's College. It aims to foster the personal, moral, spiritual, social, economic and cultural development of all our students, as well as helping to care for their mental wellbeing and build resilience. It aims to inspire and encourage our students to become men and women for others and to act as responsible citizens in this community and in their future communities. In this way it fosters positive relationships amongst our students. Our Curriculum Map is thorough and takes into account the age and feelings of all our pupils. Lessons and tasks are differentiated to reflect the diverse needs of our pupils. This policy and the curriculum map will be reviewed annually, taking into account parent and student voices.

PSHEE Curriculum Aims

Promote the spiritual, moral, cultural, mental and physical development of students at the College;

Prepare our students for the opportunities, responsibilities and experiences of later life and to encourage them to be men and women for others, may due regard to the attributes of the Jesuit Pupil Profile.

Build resilience and promote positive mental health.

Teach students how to ask for help and where to seek guidance when it is needed.

Curriculum Overview

- Health issues: sex education, drugs and addiction, mental health, maintaining a healthy lifestyle.
- Personal issues: self-awareness, self-esteem, relationships, emotional wellbeing and mental health interventions, duty of care, child protection, safety and safeguarding, including specific coverage of online issues, including cyber-bullying and peer-on-peer; sexual harassment.
- Social issues: relationships including family, friends, workplace, teams, disabled people, protected characteristics, and an understanding of the Equality Act of 2010, workplace law and legislation, and specific learning and engagement around British Values with an emphasis on Human Rights
- Emotional literacy: supporting personal and social development by encouraging resilience, positive self-esteem and confidence. The moral and ethical aspects of issues are discussed to enable students to explore their own feelings and thoughts, as well as developing emotional empathy. The moral and ethical aspects are continually linked to the teachings of the Catholic Church via use of TenTen Resources.
- Economic Wellbeing: managing personal finances, banking, saving, budgeting, credit lending, interest, avoiding debt.

As an independent secondary school, we must provide RSE to all pupils as per the Children and Social work act 2017.

In teaching RSE, we must have regard to to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

The Sex Education Forum's 'Twelve principles' of good quality RSE, which are supported by the PSHE Association, children's charities and education unions, and which was published November 2017 has guided us in our planning and implementation of RSE.

We are therefore committed to relationships and sex education which:

- Has well planned, timetabled lessons across Key Stage 3, dropdown days for key stages 4 and 5 and dedicated sessions in tutor groups;
- Delivers lessons where pupils feel safe to ask questions and participate by using a variety of teaching approaches with opportunities to develop critical thinking, problem solving and relationship skills;
- Is based on reliable and current sources of information, distinguishes between fact and opinion and is unbiased;
- Takes into account the teachings and views held by the Catholic Faith;
- Gives a positive view of human love and sexuality, with honest and medically accurate information, so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their age and maturity;
- Guides pupils into making healthy and safe choices;
- Gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views;
- Includes learning about how to get help and treatment from sources such as the School Nurse, The Chaplaincy and other health, advice and counselling services, including reliable information online;
- Promotes gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination in RSE lessons and throughout the school and wider communities;
- Meets the needs of all pupils with their diverse experiences - including those with special educational needs and disabilities and those from other cultures and faiths;
- Seeks pupils' views about RSE so that teaching can be made relevant to their real lives and assessed and adapted as their needs change.
- Promotes safe, equal, caring and enjoyable relationships and discusses real-life issues appropriate to the age and stage of pupils, including friendships, families, consent, relationship abuse, sexual exploitation and safe relationships online;
- Reviews current Ofsted and Government advice and acts on changes as they occur, such as online sexual harassment.

This policy is available to the parent and pupil body, professional colleagues and governors for reviewing and consultation. It should be noted, however, that the College's governing body ultimately holds the final responsibility for the policy and the subsequent learning in the curriculum.

The policy may be used by:

Teachers, who look to it to guide their lesson planning, and to help them feel safe and secure in their delivery of PSHEE

Parents, wishing to view both the PSHEE curriculum content and the values the school is promoting.

Health professionals, visiting speakers, inspectors, who need to know the aims, objectives and values of MSM's approach to PSHEE and RSE.

The governing body.

Diversity and Inclusion

Our PSHE policy is sensitive to the wide range of religious and cultural views which may be held by the very diverse pupil population of our school.

It includes clear, factual information on matters such as the changes of puberty, abortion and contraception, as well as covering the law in relation to, for example, the age of consent, forced marriage and female genital mutilation (FGM).

As a Jesuit School we do pay due regard to the teachings of the Catholic Faith when discussing sexual relationships.

Mount St Mary's College, like all public institutions, has a legal responsibility to pay due regard to equality and all legislation relating to it. Our PSHE program fosters gender and LGBT+ equality, and it challenges all forms of discrimination and bullying, in line with the Equality Act 2010. We foster respect amongst our community of how pupils choose to identify themselves and we understand that their sexual orientation and gender identity may be 'emerging'.

Our College's RSE curriculum meets the diverse needs of all of our students, including those with special educational needs and disabilities.